

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 12:55 untill 13:55. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Staelen Freddy HEADCOACH

Coaches: Vandermeulen Eric

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

## Event number: 1: 100M FREESTYLE MIXED 10-10

Heat:1, starttime: 14:00

Heat: 1/1 Lane : 3 Athlete: LAVA ROBYN				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
	.....	.....	.....	.....

Coach feedback:

## Event number: 1: 100M FREESTYLE MIXED 10-10

Heat:1, starttime: 14:00

Heat: 1/1 Lane : 6 Athlete: COLE DEMEYERE CARA				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
	.....	.....	.....	.....

Coach feedback:

## Event number: 2: 400M FREESTYLE WOMEN 11-14

Heat:1, starttime: 14:03

Heat: 1/5 Lane : 3 Athlete: DE HERT JANNE				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
	.....	.....	.....	.....
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0
PB		no time		no time
	.....	.....	.....	.....
	3 2 5	3 5 0	3 7 5	4 0 0 M
	.....	.....	.....	.....

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 2: 400M FREESTYLE WOMEN 11-14

Heat:1, starttime: 14:03

Heat: 1/5 Lane : 5 Athlete: SMET LIM

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		no time		no time		no time
		no time						
PB	225 M	250 M	275 M	300	325	350	375	400 M
		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14

Heat:2, starttime: 14:11

Heat: 2/5 Lane : 7 Athlete: MARTENS WINNE

Q-time: 07:50:32

PB (25m pool): 07:50.32 Dendermonde. 22/11/2025

PB (50m pool): no time SB: 07:50.32 Dendermonde. 22/11/2025

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		01:45.06		no time		03:39.58
		no time						
PB	225 M	250 M	275 M	300	325	350	375	400 M
		no time		no time		no time		07:50.32
	no time	no time	no time	no time	no time	no time	no time	no time

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14

Heat:3, starttime: 14:19

Heat: 3/5 Lane : 4 Athlete: WULLAERT LIESE

Q-time: 06:08:84

PB (25m pool): 06:08.84 T ROSCO 12/10/2025

PB (50m pool): no time SB: 06:08.84 T ROSCO 12/10/2025

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		00:40.04		01:25.10		02:12.15		02:59.83
		00:40.04		00:45.06		00:47.05		00:47.68
PB	225 M	250 M	275 M	300	325	350	375	400 M
		03:48.40		04:36.40		05:23.91		06:08.84
	no time	no time						

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 2: 400M FREESTYLE WOMEN 11-14

Heat:4, starttime: 14:26

Heat: 4/5 Lane : 5 Athlete: VERHULST NOOR

Q-time: 05:42:06

PB (25m pool): 05:42.06 Lokeren 05/04/2025

PB (50m pool): 06:06.03 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.64		01:18.95		02:01.51		02:45.15
		00:37.64		00:41.31		00:42.56		00:43.64
PB	.....	.....	.....	.....	.....	.....	.....	.....
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:29.41		04:13.91		04:59.09		05:42.06
		00:44.26		00:44.50		00:45.18		00:42.97
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14

Heat:4, starttime: 14:26

Heat: 4/5 Lane : 7 Athlete: VAN DE VYVERE LENA

Q-time: 05:58:19

PB (25m pool): 05:58.19 Sinbad 22/07/2025

PB (50m pool): 06:19.39 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:38.74		01:22.97		no time		02:55.09
		00:38.74		00:44.23				
PB	.....	.....	.....	.....	.....	.....	.....	.....
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:58.19
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14

Heat:5, starttime: 14:33

Heat: 5/5 Lane : 5 Athlete: DE SMET AMéLIE

Q-time: 05:07:43

PB (25m pool): 05:20.61 Gent 23/02/2025

PB (50m pool): 05:07.43 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.63		01:13.89		01:55.06		02:36.78
		00:34.63		00:39.26		00:41.17		00:41.72
PB	.....	.....	.....	.....	.....	.....	.....	.....
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:18.11		04:00.10		04:40.80		05:20.61
		00:41.33		00:41.99		00:40.70		00:39.81
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 3: 400M FREESTYLE MEN 11-14

Heat:1, starttime: 14:40

Heat: 1/4 Lane : 5 Athlete: COGEN ALEX

Q-time: 99:99:99

PB (25m pool): 06:36.38 Sinbad 06/10/2024

PB (50m pool): no time SB: no time

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		no time		no time		no time
		no time						
PB	225 M	250 M	275 M	300	325	350	375	400 M
		no time		no time		no time		06:36.38
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11-14

Heat:2, starttime: 14:47

Heat: 2/4 Lane : 4 Athlete: MARTENS YWEIN

Q-time: 06:16:61

PB (25m pool): 06:16.61 Sinbad 12/01/2025

PB (50m pool): no time SB: no time

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		01:25.11		no time		03:01.58
		no time						
PB	225 M	250 M	275 M	300	325	350	375	400 M
		no time		no time		no time		06:16.61
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11-14

Heat:4, starttime: 15:02

Heat: 4/4 Lane : 4 Athlete: HOEFMAN HANNES

Q-time: 05:04:74

PB (25m pool): 05:04.74 Sinbad 22/07/2025

PB (50m pool): 05:17.86 SB: 05:07.85 T ROSCO 12/10/2025

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		00:33.56		01:11.13		no time		02:29.66
		00:33.56		00:37.57				
PB	225 M	250 M	275 M	300	325	350	375	400 M
		no time		no time		no time		05:04.74
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 4: 100M BREASTSTROKE MIXED 10-10

Heat:1, starttime: 15:09

Heat: 1/1 Lane : 4 Athlete: COLE DEMEYERE CARA

Q-time: 01:55:44

PB (25m pool): 01:55.44 Sint-Niklaas 28/12/2025

PB (50m pool): no time SB: 01:55.44 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.84		01:55.44	
		00:55.84		00:59.60	
	.....	.....	.....	.....	

Coach feedback:

Event number: 4: 100M BREASTSTROKE MIXED 10-10

Heat:1, starttime: 15:09

Heat: 1/1 Lane : 5 Athlete: LAVA ROBYN

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:2, starttime: 15:14

Heat: 2/9 Lane : 5 Athlete: VAN DER GUCHT LOTTE

Q-time: 01:49:84

PB (25m pool): 01:49.84 Dendermonde. 22/11/2025

PB (50m pool): no time SB: 01:49.84 Dendermonde. 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.58		01:49.84	
		00:51.58		00:58.26	
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 15:17

Heat: 3/9 Lane : 1 Athlete: EL MAJOURI ANISSA

Q-time: 01:47:30

PB (25m pool): 01:47.30 Dendermonde. 22/11/2025

PB (50m pool): 01:49.88 SB: 01:47.30 Dendermonde. 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.67		01:47.30	
		00:50.67		00:56.63	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 15:17

Heat: 3/9 Lane : 8 Athlete: VERCAUTEREN LIENA

Q-time: 01:47:68

PB (25m pool): 01:47.68 Sint-Niklaas 28/12/2025

PB (50m pool): no time SB: 01:47.68 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.67		01:47.68	
		00:50.67		00:57.01	
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 15:25

Heat: 7/9 Lane : 1 Athlete: VAN HUL EMMA

Q-time: 01:31:02

PB (25m pool): 01:31.02 TEMSE 18/05/2025

PB (50m pool): 01:36.48 SB: 01:31.09 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.67		01:31.02	
		00:42.67		00:48.35	
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 15:25

Heat: 7/9 Lane : 3 Athlete: VAN DAELE JOSEFIEN

Q-time: 01:29:28

PB (25m pool): 01:29.28 Temse 17/11/2025

PB (50m pool): 01:34.91 SB: 01:29.28 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.14		01:29.28	
		00:42.14		00:47.14	
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 15:25

Heat: 7/9 Lane : 4 Athlete: VERHULST JENTE

Q-time: 01:28:54

PB (25m pool): 01:28.54 WAREGEM 21/04/2025

PB (50m pool): 01:31.80 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.12		01:28.54	
		00:42.12		00:46.42	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 15:25

Heat: 7/9 Lane : 6 Athlete: VERHULST AMBER

Q-time: 01:29:30

PB (25m pool): 01:29.30 Sinbad 12/01/2025

PB (50m pool): 01:34.27 SB: 01:30.69 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.02		01:29.30	
		00:42.02		00:47.28	
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:8, starttime: 15:27

Heat: 8/9 Lane : 4 Athlete: WULLAERT FIEN

Q-time: 01:25:11

PB (25m pool): 01:25.11 TEMSE 18/05/2025

PB (50m pool): 01:28.35 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.70		01:25.11	
		00:40.70		00:44.41	
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:8, starttime: 15:27

Heat: 8/9 Lane : 8 Athlete: HEBB MINNE

Q-time: 01:28:28

PB (25m pool): 01:28.28 Sinbad 12/01/2025

PB (50m pool): 01:34.85 SB: 01:31.59 Dendermonde. 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.92		01:28.28	
		00:41.92		00:46.36	
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:9, starttime: 15:29

Heat: 9/9 Lane : 2 Athlete: DE BRABANDER CELESTE

Q-time: 01:23:01

PB (25m pool): 01:23.01 Sinbad 16/03/2025

PB (50m pool): 01:27.11 SB: 01:24.74 T ROSCO 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.85		01:23.01	
		00:38.85		00:44.16	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:1, starttime: 15:32

Heat: 1/7 Lane : 3 Athlete: AMGHAR YOUNES

Q-time: 01:51:18

PB (25m pool): 01:51.18 Sint-Niklaas 28/12/2025

PB (50m pool): no time SB: 01:51.18 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.19		01:51.18	
		00:50.19		01:00.99	
	.....	.....	.....	.....	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:3, starttime: 15:36

Heat: 3/7 Lane : 4 Athlete: QUAGHEBEUR STAN

Q-time: 01:28:90

PB (25m pool): 01:28.90 Dendermonde. 22/11/2025

PB (50m pool): 01:39.86 SB: 01:28.90 Dendermonde. 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.97		01:28.90	
		00:40.97		00:47.93	
	.....	.....	.....	.....	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:3, starttime: 15:36

Heat: 3/7 Lane : 7 Athlete: VERHAGEN MIEL

Q-time: 01:37:76

PB (25m pool): 01:37.76 Sint-Niklaas 28/12/2025

PB (50m pool): no time SB: 01:37.76 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.72		01:37.76	
		00:45.72		00:52.04	
	.....	.....	.....	.....	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:4, starttime: 15:39

Heat: 4/7 Lane : 6 Athlete: VANHAVERE DAAN

Q-time: 01:26:72

PB (25m pool): 01:26.72 Sint-Niklaas 28/12/2025

PB (50m pool): 01:43.66 SB: 01:26.72 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.38		01:26.72	
		00:40.38		00:46.34	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:6, starttime: 15:43

Heat: 6/7 Lane : 2 Athlete: BOURDIAUDHY THIBAU

Q-time: 01:18:70

PB (25m pool): 01:18.70 Sint-Niklaas 28/12/2025

PB (50m pool): 01:26.45 SB: 01:18.70 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.42		01:18.70	
		00:37.42		00:41.28	
	.....	.....	.....	.....	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:6, starttime: 15:43

Heat: 6/7 Lane : 3 Athlete: EL BOUHDIDI ISLAM

Q-time: 01:17:25

PB (25m pool): 01:15.38 Sinbad 29/12/2024

PB (50m pool): 01:22.42 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.20		01:15.38	
		00:35.20		00:40.18	
	.....	.....	.....	.....	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:6, starttime: 15:43

Heat: 6/7 Lane : 4 Athlete: BEN AYAD NAOUFAL

Q-time: 01:16:17

PB (25m pool): 01:16.17 Sint-Amandsberg 19/10/2025

PB (50m pool): 01:19.65 SB: 01:16.17 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.08		01:16.17	
		00:36.08		00:40.09	
	.....	.....	.....	.....	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:6, starttime: 15:43

Heat: 6/7 Lane : 5 Athlete: VAN GOETHEM ARTHUR

Q-time: 01:16:70

PB (25m pool): 01:16.70 Temse 17/11/2025

PB (50m pool): 01:21.63 SB: 01:16.70 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.27		01:16.70	
		00:36.27		00:40.43	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:6, starttime: 15:43

Heat: 6/7 Lane : 8 Athlete: VERHAGEN TOON

Q-time: 01:21:80

PB (25m pool): 01:21.80 Temse 17/11/2025

PB (50m pool): 01:28.81 SB: 01:21.80 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.96		01:21.80	
		00:38.96		00:42.84	
	.....	.....	.....	.....	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:7, starttime: 15:44

Heat: 7/7 Lane : 2 Athlete: VAN DE GENDER WOUT

Q-time: 01:12:33

PB (25m pool): 01:12.33 Sint-Niklaas 28/12/2025

PB (50m pool): 01:21.22 SB: 01:12.33 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.31		01:12.33	
		00:34.31		00:38.02	
	.....	.....	.....	.....	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+

Heat:7, starttime: 15:44

Heat: 7/7 Lane : 4 Athlete: ORBAN OLIVIER

Q-time: 01:02:92

PB (25m pool): 01:02.36 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 01:05.84 SB: 01:02.92 Gent 09/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.71		01:02.36	
		00:29.71		00:32.65	
	.....	.....	.....	.....	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:1, starttime: 16:04

Heat: 1/8 Lane : 4 Athlete: BOURFA SALMA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:3, starttime: 16:10

Heat: 3/8 Lane : 2 Athlete: EL ASJADI CHAIMA

Q-time: 01:41:14

PB (25m pool): 01:41.14 Lokeren 05/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.13		01:41.14	
		00:49.13		00:52.01	
	.....	.....	.....	.....	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:4, starttime: 16:13

Heat: 4/8 Lane : 6 Athlete: JANSSENS STERRE

Q-time: 01:29:92

PB (25m pool): 01:29.92 Sint-Niklaas 28/12/2025

PB (50m pool): no time SB: 01:29.92 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.17		01:29.92	
		00:44.17		00:45.75	
	.....	.....	.....	.....	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:5, starttime: 16:15

Heat: 5/8 Lane : 4 Athlete: THOMAS LENA

Q-time: 01:24:55

PB (25m pool): 01:20.53 WAREGEM 10/04/2023

PB (50m pool): 01:31.94 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.53	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:5, starttime: 16:15

Heat: 5/8 Lane : 7 Athlete: VERHULST AMBER

Q-time: 01:27:47

PB (25m pool): 01:25.58 Temse 12/03/2023

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.58	
		no time			
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:6, starttime: 16:18

Heat: 6/8 Lane : 1 Athlete: VAN HUL EMMA

Q-time: 01:24:37

PB (25m pool): 01:24.37 Sinbad 16/03/2025

PB (50m pool): 01:32.03 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.15		01:24.37	
		00:41.15		00:43.22	
	.....	.....	.....	.....	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:6, starttime: 16:18

Heat: 6/8 Lane : 2 Athlete: VERHULST NOOR

Q-time: 01:22:37

PB (25m pool): 01:22.37 WAREGEM 21/04/2025

PB (50m pool): 01:25.12 SB: 01:22.45 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.21		01:22.37	
		00:41.21		00:41.16	
	.....	.....	.....	.....	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:6, starttime: 16:18

Heat: 6/8 Lane : 7 Athlete: DE BREUCK MARIE

Q-time: 01:22:85

PB (25m pool): 01:20.80 Temse 22/12/2024

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.30		01:20.80	
		00:40.30		00:40.50	
	.....	.....	.....	.....	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:8, starttime: 16:23

Heat: 8/8 Lane : 1 Athlete: DE BRABANDER CELESTE

Q-time: 01:14:36

PB (25m pool): 01:14.36 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:18.65 SB: 01:14.54 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.62		01:14.36	
		00:35.62		00:38.74	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:8, starttime: 16:23

Heat: 8/8 Lane : 3 Athlete: DELPORTE LOTTE

Q-time: 01:10:71

PB (25m pool): 01:10.71 TEMSE 18/05/2025

PB (50m pool): 01:13.35 SB: 01:12.43 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.00		01:10.71	
		00:34.00		00:36.71	
	.....	.....	.....	.....	

Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+

Heat:4, starttime: 16:33

Heat: 4/5 Lane : 4 Athlete: BOURDIAUDHY THIBAU

Q-time: 01:13:62

PB (25m pool): 00:43.47 Temse 12/03/2023

PB (50m pool): 01:14.73 SB: 01:13.63 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:43.47	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+

Heat:4, starttime: 16:33

Heat: 4/5 Lane : 6 Athlete: VANHAVERE DAAN

Q-time: 01:15:80

PB (25m pool): 01:15.80 Sint-Amandsberg 19/10/2025

PB (50m pool): 01:22.27 SB: 01:15.80 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.29		01:15.80	
		00:37.29		00:38.51	
	.....	.....	.....	.....	

Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+

Heat:5, starttime: 16:35

Heat: 5/5 Lane : 2 Athlete: VERHAGEN ROBBE

Q-time: 01:05:25

PB (25m pool): 01:05.25 Temse 21/12/2025

PB (50m pool): 01:08.65 SB: 01:05.25 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.94		01:05.25	
		00:31.94		00:33.31	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 9: 100M BACKSTROKE MEN 11+

Heat:5, starttime: 16:35

Heat: 5/5 Lane : 4 Athlete: VAN DE GENDER WOUT

Q-time: 01:01:41

PB (25m pool): 01:01.41 TEMSE 23/11/2025

PB (50m pool): 01:05.92 SB: 01:01.41 TEMSE 23/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.26		01:01.41	
		00:30.26		00:31.15	
	.....	.....	.....	.....	

Coach feedback:

Event number: 10: 100M BUTTERFLY WOMEN 11+

Heat:1, starttime: 16:38

Heat: 1/4 Lane : 4 Athlete: SMET LIM

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 10: 100M BUTTERFLY WOMEN 11+

Heat:1, starttime: 16:38

Heat: 1/4 Lane : 5 Athlete: WULLAERT LIESE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 10: 100M BUTTERFLY WOMEN 11+

Heat:3, starttime: 16:42

Heat: 3/4 Lane : 2 Athlete: VERHULST NOOR

Q-time: 01:25:17

PB (25m pool): 01:25.17 TEMSE 18/05/2025

PB (50m pool): 01:27.37 SB: 01:25.48 Sinbad 05/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.10		01:25.17	
		00:39.10		00:46.07	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 10: 100M BUTTERFLY WOMEN 11+

Heat:3, starttime: 16:42

Heat: 3/4 Lane : 4 Athlete: HEBB MINNE

Q-time: 01:18:47

PB (25m pool): 01:18.47 TEMSE 18/05/2025

PB (50m pool): 01:34.71 SB: 01:20.04 Sinbad 05/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.24		01:18.47	
		00:36.24		00:42.23	
	.....	.....	.....	.....	

Coach feedback:

Event number: 10: 100M BUTTERFLY WOMEN 11+

Heat:3, starttime: 16:42

Heat: 3/4 Lane : 5 Athlete: PUNZO MICHELLE

Q-time: 01:22:09

PB (25m pool): 01:22.09 WAREGEM 21/04/2025

PB (50m pool): 01:22.03 SB: 01:22.69 Sinbad 05/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.84		01:22.09	
		00:37.84		00:44.25	
	.....	.....	.....	.....	

Coach feedback:

Event number: 10: 100M BUTTERFLY WOMEN 11+

Heat:4, starttime: 16:44

Heat: 4/4 Lane : 1 Athlete: WULLAERT FIEN

Q-time: 01:18:32

PB (25m pool): 01:18.32 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:24.31 SB: 01:19.55 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.02		01:18.32	
		00:36.02		00:42.30	
	.....	.....	.....	.....	

Coach feedback:

Event number: 10: 100M BUTTERFLY WOMEN 11+

Heat:4, starttime: 16:44

Heat: 4/4 Lane : 6 Athlete: DE SMET AMéLIE

Q-time: 01:15:84

PB (25m pool): 01:15.84 TEMSE 23/11/2025

PB (50m pool): 01:15.97 SB: 01:15.84 TEMSE 23/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.13		01:15.84	
		00:35.13		00:40.71	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 10: 100M BUTTERFLY WOMEN 11+

Heat:4, starttime: 16:44

Heat: 4/4 Lane : 8 Athlete: DE BREUCK MARIE

Q-time: 01:18:43

PB (25m pool): 01:18.43 Sint-Niklaas 28/12/2025

PB (50m pool): no time SB: 01:18.43 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.96		01:18.43	
		00:35.96		00:42.47	
	.....	.....	.....	.....	

Coach feedback:

Event number: 11: 100M BUTTERFLY MEN 11+

Heat:2, starttime: 16:49

Heat: 2/3 Lane : 5 Athlete: KARKOUKLI ENES

Q-time: 01:14:99

PB (25m pool): 01:14.99 Sint-Niklaas 28/12/2025

PB (50m pool): no time SB: 01:14.99 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.72		01:14.99	
		00:34.72		00:40.27	
	.....	.....	.....	.....	

Coach feedback:

Event number: 11: 100M BUTTERFLY MEN 11+

Heat:2, starttime: 16:49

Heat: 2/3 Lane : 8 Athlete: MARTENS YWEIN

Q-time: 01:21:76

PB (25m pool): 01:21.76 Sint-Niklaas 28/12/2025

PB (50m pool): no time SB: 01:21.76 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.78		01:21.76	
		00:35.78		00:45.98	
	.....	.....	.....	.....	

Coach feedback:

Event number: 11: 100M BUTTERFLY MEN 11+

Heat:3, starttime: 16:51

Heat: 3/3 Lane : 2 Athlete: VAN GOETHEM ARTHUR

Q-time: 01:08:97

PB (25m pool): 01:08.97 Sint-Niklaas 28/12/2025

PB (50m pool): 01:11.50 SB: 01:08.97 Sint-Niklaas 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.88		01:08.97	
		00:31.88		00:37.09	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 11: 100M BUTTERFLY MEN 11+

Heat:3, starttime: 16:51

Heat: 3/3 Lane : 6 Athlete: EL BOUHDIDI ISLAM

Q-time: 01:06:24

PB (25m pool): 01:06.24 T ROSCO 12/10/2025

PB (50m pool): 01:08.52 SB: 01:06.24 T ROSCO 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.53		01:06.24	
		00:29.53		00:36.71	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:1, starttime: 16:53

Heat: 1/11 Lane : 4 Athlete: BOURFA SALMA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:1, starttime: 16:53

Heat: 1/11 Lane : 5 Athlete: DE HERT JANNE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:1, starttime: 16:53

Heat: 1/11 Lane : 6 Athlete: VAN DER GUCHT LOTTE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

**STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW****Event number: 12: 100M FREESTYLE WOMEN 11+****Heat:2, starttime: 16:55****Heat: 2/11 Lane : 1 Athlete: JANSSENS STERRE****Q-time: 99:99:99**

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

**Event number: 12: 100M FREESTYLE WOMEN 11+****Heat:2, starttime: 16:55****Heat: 2/11 Lane : 7 Athlete: VERCAUTEREN LIENA****Q-time: 99:99:99**

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

**Event number: 12: 100M FREESTYLE WOMEN 11+****Heat:2, starttime: 16:55****Heat: 2/11 Lane : 8 Athlete: MARTENS WINNE****Q-time: 99:99:99**

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

**Event number: 12: 100M FREESTYLE WOMEN 11+****Heat:3, starttime: 16:57****Heat: 3/11 Lane : 3 Athlete: EL ASJADI CHAIMA****Q-time: 01:28:53**

PB (25m pool): 01:28.53 Zottegem 09/03/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.63		01:28.53	
	00:41.63		00:46.90		
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:3, starttime: 16:57

Heat: 3/11 Lane : 8 Athlete: EL MAJOURI ANISSA

Q-time: 01:32:38

PB (25m pool): 01:32.38 WAREGEM 21/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.33		01:32.38	
		00:43.33		00:49.05	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:4, starttime: 16:59

Heat: 4/11 Lane : 4 Athlete: VAN DE VYVERE LENA

Q-time: 01:20:55

PB (25m pool): 01:20.55 Gent 23/02/2025

PB (50m pool): 01:18.59 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.20		01:20.55	
		00:38.20		00:42.35	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:6, starttime: 17:03

Heat: 6/11 Lane : 7 Athlete: THOMAS LENA

Q-time: 01:13:12

PB (25m pool): 01:09.78 Sinbad 14/01/2024

PB (50m pool): 01:16.80 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.78	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:6, starttime: 17:03

Heat: 6/11 Lane : 8 Athlete: VERHULST AMBER

Q-time: 01:13:47

PB (25m pool): 01:13.08 Temse 18/02/2024

PB (50m pool): 01:17.20 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.08	
		no time			
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:8, starttime: 17:06

Heat: 8/11 Lane : 2 Athlete: VAN HUL EMMA

Q-time: 01:09:27

PB (25m pool): 01:09.27 Temse 21/12/2025

PB (50m pool): 01:12.71 SB: 01:09.27 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.01		01:09.27	
		00:33.01		00:36.26	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:9, starttime: 17:08

Heat: 9/11 Lane : 4 Athlete: DE BREUCK MARIE

Q-time: 01:07:03

PB (25m pool): 01:07.03 TEMSE 18/05/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.67		01:07.03	
		00:32.67		00:34.36	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:10, starttime: 17:10

Heat: 10/11 Lane : 1 Athlete: PUNZO MICHELLE

Q-time: 01:06:89

PB (25m pool): 01:06.89 Temse 21/12/2025

PB (50m pool): 01:10.51 SB: 01:06.89 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.31		01:06.89	
		00:32.31		00:34.58	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:10, starttime: 17:10

Heat: 10/11 Lane : 3 Athlete: VAN DAELE JOSEFIEN

Q-time: 01:05:23

PB (25m pool): 01:05.23 Temse 21/12/2025

PB (50m pool): 01:07.33 SB: 01:05.23 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.73		01:05.23	
		00:31.73		00:33.50	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:10, starttime: 17:10

Heat: 10/11 Lane : 8 Athlete: HEBB MINNE

Q-time: 01:07:00

PB (25m pool): 01:07.00 Temse 21/12/2025

PB (50m pool): 01:11.17 SB: 01:07.00 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.75		01:07.00	
		00:32.75		00:34.25	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:11, starttime: 17:11

Heat: 11/11 Lane : 1 Athlete: VERHULST JENTE

Q-time: 01:04:27

PB (25m pool): 01:03.85 TEMSE 24/11/2024

PB (50m pool): 01:04.15 SB: 01:04.27 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.16		01:03.85	
		00:31.16		00:32.69	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:11, starttime: 17:11

Heat: 11/11 Lane : 2 Athlete: WULLAERT FIEN

Q-time: 01:01:81

PB (25m pool): 01:01.81 Temse 17/11/2025

PB (50m pool): 01:03.17 SB: 01:01.81 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.01		01:01.81	
		00:30.01		00:31.80	
	.....	.....	.....	.....	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:11, starttime: 17:11

Heat: 11/11 Lane : 6 Athlete: DELPORTE LOTTE

Q-time: 01:01:74

PB (25m pool): 01:01.74 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:04.32 SB: 01:01.87 T ROSCO 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.95		01:01.74	
		00:29.95		00:31.79	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:11, starttime: 17:11

Heat: 11/11 Lane : 8 Athlete: DE BRABANDER CELESTE

Q-time: 01:04:31

PB (25m pool): 01:04.31 Temse 17/11/2025

PB (50m pool): 01:07.14 SB: 01:04.31 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.92		01:04.31	
		00:31.92		00:32.39	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:1, starttime: 17:13

Heat: 1/10 Lane : 3 Athlete: AMGHAR YOUNES

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:3, starttime: 17:18

Heat: 3/10 Lane : 7 Athlete: VERHAGEN MIEL

Q-time: 01:20:23

PB (25m pool): 01:20.23 Lokeren 05/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.97		01:20.23	
		00:37.97		00:42.26	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:4, starttime: 17:19

Heat: 4/10 Lane : 8 Athlete: COGEN ALEX

Q-time: 01:17:44

PB (25m pool): 01:17.44 TEMSE 18/05/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.83		01:17.44	
		00:37.83		00:39.61	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 13: 100M FREESTYLE MEN 11+

Heat:5, starttime: 17:21

Heat: 5/10 Lane : 6 Athlete: MARTENS YWEIN

Q-time: 01:11:56

PB (25m pool): 01:11.56 TEMSE 18/05/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.96		01:11.56	
		00:33.96		00:37.60	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:6, starttime: 17:23

Heat: 6/10 Lane : 2 Athlete: QUAGHEBEUR STAN

Q-time: 01:09:56

PB (25m pool): 01:09.56 WAREGEM 21/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.42		01:09.56	
		00:33.42		00:36.14	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:7, starttime: 17:25

Heat: 7/10 Lane : 8 Athlete: HOEFMAN HANNES

Q-time: 01:05:87

PB (25m pool): 01:05.87 T ROSCO 12/10/2025

PB (50m pool): 01:06.76 SB: 01:05.87 T ROSCO 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.87	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:8, starttime: 17:26

Heat: 8/10 Lane : 5 Athlete: VANHAVERE DAAN

Q-time: 01:01:69

PB (25m pool): 01:01.69 TEMSE 23/11/2025

PB (50m pool): 01:09.81 SB: 01:01.69 TEMSE 23/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.75		01:01.69	
		00:29.75		00:31.94	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 13: 100M FREESTYLE MEN 11+

Heat:8, starttime: 17:26

Heat: 8/10 Lane : 6 Athlete: KARKOUKLI ENES

Q-time: 01:02:79

PB (25m pool): 01:02.79 TEMSE 18/05/2025

PB (50m pool): 01:09.44 SB: 01:03.96 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.05		01:02.79	
		00:30.05		00:32.74	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:9, starttime: 17:28

Heat: 9/10 Lane : 1 Athlete: BOURDIAUDHY THIBAU

Q-time: 01:00:66

PB (25m pool): 01:00.66 Sint-Amandsberg 19/10/2025

PB (50m pool): 01:04.22 SB: 01:00.66 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.61		01:00.66	
		00:29.61		00:31.05	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:9, starttime: 17:28

Heat: 9/10 Lane : 4 Athlete: BEN AYAD NAOUFAL

Q-time: 00:59:12

PB (25m pool): 00:59.12 TEMSE 23/11/2025

PB (50m pool): 01:02.27 SB: 00:59.12 TEMSE 23/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.74		00:59.12	
		00:28.74		00:30.38	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:9, starttime: 17:28

Heat: 9/10 Lane : 6 Athlete: VERHAGEN TOON

Q-time: 00:59:82

PB (25m pool): 00:59.82 Temse 21/12/2025

PB (50m pool): 01:01.94 SB: 00:59.82 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.00		00:59.82	
		00:29.00		00:30.82	
	.....	.....	.....	.....	

Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 13: 100M FREESTYLE MEN 11+

Heat:10, starttime: 17:29

Heat: 10/10 Lane : 1 Athlete: VERHAGEN ROBBE

Q-time: 00:57:73

PB (25m pool): 00:57.73 Temse 21/12/2025

PB (50m pool): 01:00.35 SB: 00:57.73 Temse 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.72		00:57.73	
		00:27.72		00:30.01	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:10, starttime: 17:29

Heat: 10/10 Lane : 5 Athlete: VAN DE GENDER WOUT

Q-time: 00:54:96

PB (25m pool): 00:54.96 TEMSE 23/11/2025

PB (50m pool): 00:56.84 SB: 00:54.96 TEMSE 23/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.97		00:54.96	
		00:26.97		00:27.99	
	.....	.....	.....	.....	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:10, starttime: 17:29

Heat: 10/10 Lane : 6 Athlete: ORBAN OLIVIER

Q-time: 00:55:96

PB (25m pool): 00:54.82 Temse 27/11/2022

PB (50m pool): 00:56.35 SB: 00:55.96 TEMSE 23/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:54.82	
		no time			
	.....	.....	.....	.....	

Coach feedback: